

About the project

REFASHIONIZED is a 24-month Erasmus+ project that delves into the history of fashion, highlighting key events and factors that shaped its evolution. The project raises awareness about the environmental and social impacts of fast fashion while promoting sustainable practices like upcycling. Through innovative and hands-on outputs, participants will explore fashion's history, gain insights into sustainable practices, and learn creative ways to repurpose old garments.

Target Groups



Young people & young adults
15-24 years old



Youth workers, trainers and
educators



Staff members of the partner
organizations



Project results: the Trainer's Corner

The Trainer's Corner is addressed to teachers, youth workers, and trainers and provides them with a comprehensive range of learning and training resources. These resources aim to equip teachers and youth workers with innovative and interactive tools and methodologies they can use in their classes or workshops. The training materials comprise workshop plans, activity sheets, and PowerPoint presentations which can support the educator in facilitating workshops on the History of Fashion and Sustainable Fashion,

History of Fashion Booklet

The History of Fashion Booklet is a captivating journey through time, exploring the evolution of fashion from ancient civilizations to modern trends showcasing iconic fashion moments, and connecting them to significant political, socioeconomic, and environmental factors creatively combining theory and practice. The History of Fashion Booklet is thoughtfully designed with 10 dynamic units, complete with interactive PowerPoint presentations, workshop plans and worksheets to facilitate teacher/trainer workshops.

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Sustainable Fashion Booklet

The Sustainable Fashion Booklet consists of 5 units comprising insightful information about the negative effects of fast fashion and the positive aspects of sustainable fashion through case studies, statistics, graphics, and successful stories. It includes a glossary that explains the terminology of sustainable fashion. The Sustainable Fashion Booklet is complemented by interactive PowerPoint presentations, workshop plans, and activity sheets to engage learners and encourage active participation.

[FIND OUT MORE](#)

**CAN'T WAIT TO EXPLORE
MORE ABOUT THE
PROJECT?**





Project results: the Trainer's Corner

Methodology

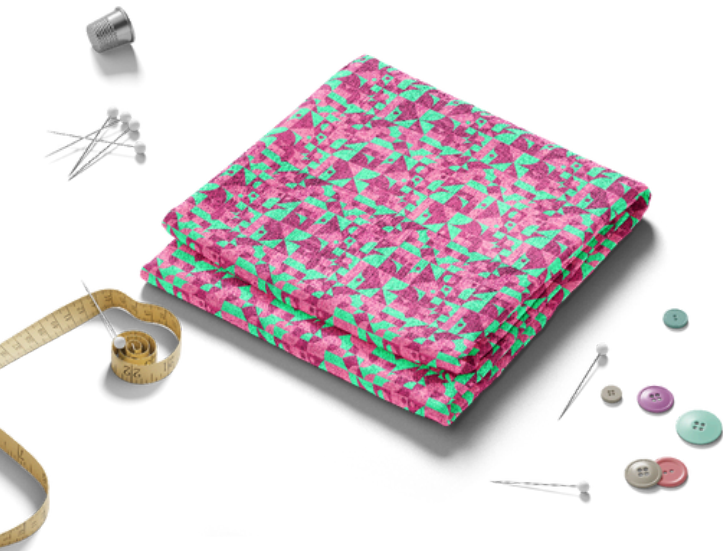
The methodology provides practical guidance on effectively using the Trainer's resources concerning the History of Fashion and Sustainable Fashion. Whether you are a teacher, youth worker, or trainer, this methodology will help you engage students through innovative teaching/training methods tailored to the learner's needs and styles.

[FIND OUT MORE](#)

The Sustainable Fashion Glossary

The Sustainable Fashion Glossary is a user-friendly resource that defines key terms and concepts in plain language. Together, the Glossary and the Booklet's content work seamlessly to inspire readers to actively contribute to a more ethical and sustainable future for fashion.

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Practical Toolkit

The Practical Toolkit offers a comprehensive guide to applying upcycling fashion techniques, including practical and easy-to-follow instructions to repair, alter, and repurpose garments, fascinating historical facts about fashion and its impact on society, and creative suggestions to unleash your imagination and create unique, personalized pieces.

[FIND OUT MORE](#)

GET READY FOR THE
LEARNER'S CORNER,
COMING NEXT YEAR!





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